



## **IMPORTANCE OF CYBER COUNSELING DURING THE PANDEMIC OF COVID – 19 RESTRICTION**

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### **Abstract:**

The modern world of communication technology has acknowledged its impact in all fields and the need for this field has been felt in many places over time. One such field is cyber counseling. The present study aims on the Ampara district, focusing on the Internet Intelligence Service and its need today. Nowadays, people find many difficulties to get the assistance they need immediately for psychological problems they are encountering. Thus, they face many crises at all levels like individual, family, community. The study aims to highlight the need and importance of e - Internet intelligence services as an alternative way of overcoming the difficulties they face in obtaining the necessary psychological assistance immediately in such situations. It is a qualitative research and all the required data for this research were obtained through the primary and secondary data collection. The first level data were analyzed by thematic center analysis of the data obtained from the interview by selecting the spies who would be able to carry out the spy service in Ampara district. Further, secondary data were obtained from hundreds of previously published journals, persistent journals, and persistent data. All information was analyzed and the results were described in writing and words. According to this study, it can be assumed that the E-Commerce sponsorship greatly categorizes the availability and delivery of spy services in response to changes over time and environment.

**Keywords:** Cyber counseling, Counseling, Psychological problems

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