



## **HEALTH PROBLEMS FACED BY PREGNANT WOMEN: A SOCIOLOGICAL STUDY BASED ON GLENTILT ESTATE CENTERED ON AMBAGAMUWA PRADESHIYA SABAH**

C. Dushanthy Jeney<sup>1</sup>, M. Niruja<sup>2</sup>

Correspondence: dushanthychandrasekaran@gmail.com

### **Abstract**

Pregnancy period is identified by the World Health Organization as special needs short term which is a season of varying risks. Globally, all developed and developing countries are facing this problem. While developing countries such as Sri Lanka face more health related problems, particularly the health problem is seen as serious among plantation populations in Sri Lanka. Although 54% of workers in the plantation sectors are women and their health is still a problem. Plantation pregnant women in particular face various health problems during their pregnancy. Poverty, lack of basic infrastructure, malnutrition, lack of awareness and working environment problems are among the causes. The area selected for the study was identified Glentilt Estate as a hygiene related problem while the study was conducted using a mixed method. Questionnaires, structured interviews, case studies, focus group discussions are the primary data collection tools for the study and Secondary data collection tools for the study were obtained from World Health Organization Reports, Central Bank Annual Reports, Plantation Annual Reports and Websites. The collected data were subjected to statistical descriptive analysis and the study results were obtained. Accordingly, plantation pregnant women are faced with the problem of lack of proper nutritional supplements and plantation management neglecting the health service of pregnant women and also the exclusion of these women in the public health services. In face of this, it has been found that special health programs, awareness programs, guidance and counseling, expansion of services and special incentives can mitigate the seriousness of the problem.

**Keywords:** Exclusion, Health Problem, Neglect, Plantation, Pregnant Mothers.

---

1 Department Of Sociology, University Of Jaffna.

2 Department Of Sociology, University Of Jaffna.